



The Live and Let Live

Clyde Road, Frampton Cotterell, Bristol BS36 2EF
01454 772254

Lunch menu

Sandwiches

Freshly made sandwiches served on white or wholemeal bread with chips on the side.

- Ham and mustard £4.50
- Tiger prawn and lemon mayo £4.95
- Brie and cranberry £4.50

Wraps

Freshly made wraps served with a side salad.

- Sweet chilli chicken £4.95
- Steak and caramelised onion £4.95
- Roasted vegetables, cheddar and mayo £4.95

Ploughman's

Traditional Ploughman's with all the trimmings.

- Cheddar £5.95
- Stilton £5.95
- Fresh ham £5.95

(Combine two for an extra £1)

Ciabattas

Ciabatta topped with a homemade ham, mushroom and tomato sauce, plus melted mozzarella and served with chips. £4.95

Ciabatta bread topped with roasted vegetables and melted mozzarella, and served with chips. £4.95

Light meals

- Ham, egg and chips £4.95
- Scampi, chips and peas £4.95
- Faggots, mash and gravy £4.95
- Walnut and stilton salad £4.95
- Cherry tomato, basil and pesto pasta served with garlic bread £4.95



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Main menu

Starters

Tiger prawns

Wrapped in filo pastry & deep fried served with a sweet chilli dip £4.25

Ciabatta

Topped with a homemade ham, mushroom and tomato sauce and melted mozzarella £3.75

Stuffed mushrooms

Open cap mushrooms stuffed with spinach, parmesan, herbs and breadcrumbs, oven baked, served on mixed leaves & balsamic dressing. £3.95

Homemade lamb kebabs

Served with mixed leaves and a mint dip £3.75

Smoked salmon roulade

Served with mixed leaves £3.95

Main courses

Homemade stuffed chicken.

Chicken breast stuffed with caramelised onions, pesto and brie, then wrapped in bacon and oven baked, served with creamed leeks and new potatoes £8.50

Beer battered fish and chips

Cod battered in our own ale served with chips, peas and tartar sauce £7.25

Homemade skewered kebabs

Served with rice, mixed salad and homemade honey and mustard dip

- Cajun tiger prawns £8.50
- Chicken and bacon £7.95
- Mediterranean vegetable £7.50

Sirloin steak

Grilled to your liking and topped with garlic butter served with chips, peas and onion rings £10.95

Roasted belly pork

Slow roasted and served with mash, vegetables and a homemade apple and cider sauce £7.95

Salmon fillet

Pan fried fillet of salmon served with creamed leeks and new potatoes £9.95

Mushroom and spinach pasta

Pasta twists with wild mushrooms and spinach in a homemade cheese sauce topped with parmesan shavings and served with garlic bread £7.95

– With bacon added £8.95

Lamb shank

Lamb shank pot roasted with rosemary, red wine and redcurrant jus and served with mash and vegetables £9.95

Homemade quiche

Served warm with new potatoes and salad

- Stilton and broccoli £7.25
- Ham, mushroom, pepper, onion and cheese £7.25

Homemade steak, mushroom and Bath Ale pie

Tender chunks of steak slow cooked with mushrooms in our own ale with rich gravy served with chips and vegetables £7.95

Homemade vegetable Wellington. £7.95

Roasted cherry tomatoes, basil and crumbled feta cheese encased in puff pastry and oven baked, served with new potatoes and salad £7.95

Tart duo

Two oven-baked tarts, one filled with roasted peppers and cheese, and one filled with caramelised onions, spinach and goats cheese, all served with new potatoes and salad £6.95

Side orders

- Chips £2.00
- Cheesy chips £3.00
- Garlic bread £2.00
- Cheesy garlic bread £3.00
- Onion rings £2.00
- Side salad £2.50



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Sunday lunch menu

Starters

Homemade soup of the day served with bread	£3.50
Pate served with brown toast	£3.75
Breaded garlic mushrooms served with a garlic dip	£3.25
Prawn cocktail served with brown bread and a salad garnish	£3.50
Olives and oil, with bread for dipping.	£3.50

Main courses

All at £7.95

Roast beef and homemade Yorkshire pudding

Lamb chops

Half roast chicken

Complete with with homemade stuffing

Belly pork

Slow roasted and served on a bed of caramelised apples with chips and vegetables

Homemade beef, mushroom and Barnstormer pie

Tender chunks of steak slow cooked with mushrooms in our own Barnstormer ale and served with chips and vegetables

Roasted vegetable Wellington

Homemade with roasted cherry tomatoes, basil and feta

Caramelised red onion and goats cheese tart

Puff pastry topped with caramelised red onions and goats' cheese then oven baked and served with new potatoes and salad

(All the above are served with roast potatoes, roast parsnips, seasonal vegetables and gravy.)

Children's and OAPs' portions

Kids' and OAPs' portions of beef or chicken breast are available with FREE ice cream for dessert! £4.95

Desserts

All at £3.25

Homemade bread and butter pudding

Homemade cheesecake

(Please ask for today's flavour)

Warm chocolate brownie

Apple and blackberry crumble

Sticky toffee pudding

(All the above are served with custard, cream or ice cream.)

Ice cream with a wafer

Choose from vanilla, blackberry, clotted cream, chocolate, mint choc chip or strawberry